

Rules & Regulations

1. Persons interested in MPH membership will submit registration form along with two photographs (Passport Size).
2. Entry should be marked in In / Out register every time before or after using the Gym / Badminton Court facility / their sports facilities.
3. The Delhi University Sports Council reserves the right of Admission.
4. Rs. 50/- will be charged for issuing of duplicate I-Card.
5. No Fee is Refunded in any circumstances.
6. Classes missed on account of any reason will not be adjusted.
7. The membership is personal to a member and cannot be assigned, transferred or otherwise disposed off.
8. The DUSC shall reserve the right to chose part or all the facilities of the Centre due to repair, maintenance, expansions of facilities or special events, without advance notice and to readjust the operating hours of Fitness Centre / Badminton Court accordingly.
9. Members are advised to undergo a medical examination prior to joining and using the facilities at Multipurpose Hall.
10. Any person entering the MPH and using its facilities does so at its own risk. The Fitness Centre / Badminton Court can not accept responsibility or liability for any injury or lose, including fatality or damage, whatsoever to any person or his / her property. Any person who suffers and accident or injury in the fitness Centre / Badminton Court premises must report the accident or injury and the circumstances under which it occurred, to the in-charge immediately.
11. The DUSC does not accept the responsibility for any damage caused to items, valuables or personal belongings brought into the MPH.
12. Members should not undertake any physical activity for which they may not be fit and are responsible for monitoring their condition during exercise. The Fitness Centre will not be in any way responsible for any harm to a member as a result of his or her undertaking physical activity within the Centre.
13. Each member is responsible for monitoring his or her own physical condition and physical activity undertaken at the Fitness Centre / Badminton Court. Should any unusual symptoms occur, the member must immediately stop the activity and inform the instructor or any other member of the staff at the Fitness Centre / Badminton Court.
14. Member shall restrain from using the MPH facilities and exercises immediately after consuming a heavy meal.
15. Member shall restrain from using the MPH, if suffering from cold, infections, diseases or open lesions.
16. Follow the instructions for the use of Fitness Centre equipments prior to working out for the first time.
17. No pets are allowed into the MPH.
18. To ensure the safety of all members, those with diabetes, heart problems, high-low blood pressure or who are on strong prescriptions or have any form or indications of medical conditions should consult their doctors before enrolling themselves in any particular program at the MPH.
19. Member must show consideration to each other in and around the MPH, in particular, profane or abusive language and the threat or use of violence will not be tolerated.
20. Members must obey the notices and signs on display in the Fitness Centre / Badminton Court. It is a member's responsibility to read any information on the Fitness Centre / Badminton Court.
21. Members are requested to wear appropriate attire and footwear when using the facilities.
22. Members are not permitted to bring personal food and beverage items into the MPH from outside. Only water & energy drinks allowed.
23. Personal sound system will not be permitted into the MPH.
24. MPH facility can be used only in the allotted time slot.
25. Heavy electrical gadgets like A.C, Treadmill, etc. will not be operational in case of power failure.
26. Members are requested to use their own towels while using the MPH facility.
27. Apart from the above rules, the instructions issued by the Sports Council must be strictly followed.
28. Members must enter into the MPH only by the route indicated. Those found loitering in other areas, or creating thoroughfares will have their right of entry cancelled on the spot, without any refund of their fees.
29. Members should bring their membership card at the time of using the MPH facility: No entry will be allowed without membership card.
30. Users should bring their drinking water bottle, towel and kit.
31. Students who are found irregular i.e. absent for four consecutive days, their membership will be automatically cancelled.
32. Any medical problem should be disclosed at the time of applying for membership.
33. Use the Fitness equipment only under the instructor's supervision.
34. The Sports Council has the right to refuse admission in case of lack of discipline.
35. Members should keep the equipment and MPH clean.
36. No studs / Spike shoes are allowed in the MPH.
37. Entry allowed only with clean shoes changed at the door step of Multipurpose hall.

Please note: The kit should include following equipments:

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|----|-------|----|------------|----|-------|----|--------------|
| a. | Towel | b. | Track Suit | c. | Shoes | d. | Water Bottle |
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Delhi University Sports Council
University of Delhi
Delhi-11007

The membership fees to avail the facilities at multipurpose hall are as under:-

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| 1. Teaching/Non-Teaching Staff of the University of Delhi (with family*) | Rs. 500/- (Rs. Five Hundred Only) per month

Rs. 5000/- (Rs. Five Thousand Only) per year |
| 2. Post Graduate Student / Research Scholar | Rs. 250/- (Rs. Two Hundred Fifty Only) per month |

Please Note:

- The Fees will be deposited through online under the head ‘MPH Gym Payment’ on Online Misc. Fees Collection(University of Delhi) at <http://misconlinefee.du.ac.in/gymfee.aspx>**

*** Family includes Spouse & Two dependents duly certified by Head of the Department / Institution.**

Time Table for Activities

	Timing	Gym	Table Tennis	Badminton
Morning	6-7am	Yes	Yes	Yes
	7-8am	Yes	Yes	Yes
	8-9am	Yes	Yes	Yes
	9-10am	Yes	Yes	Yes
Evening	4 – 5 pm	Yes	Yes	Yes
	5 – 6 pm	Yes	Yes	Yes
	6 – 7 pm	Yes	Yes	Yes

Enrolment Procedure for MPH Gym Facilities

1. Printout of duly filled Registration form verified by HOD/Insitution along with receipt of online fees and Two recent photograph (one should be pasted on the Registration form and other should be attached with the Registration form) should be submitted to the office of Delhi University Sports Council, University of Delhi-110007, between 2:00 pm to 4:00 pm on all working days.
2. Member should submit the latest medical fitness certificate (not more than 03 months) by the Registered Medical Practitioner/MBBS Doctor.
3. The fee will be deposited through online at <http://misconlinefee.du.ac.in/gymfee.aspx>.
4. For renewal of the membership card the member should submit the latest/ updated membership card along with renewal fee receipt. In case of any gap, the member should apply for the fresh card with new registration form.

Director, Physical Education